

ULTRASOUND PREPS

EXAM	TIME REQUIRED	PREP
ABDOMINAL COMPLETE (includes liver, pancreas, gallbladder, aorta, kidneys and spleen)	30 minutes	Nothing to eat or drink for 8 hours prior to exam. It is okay for patient to have a small amount of water with medication.
ABDOMINAL LIMITED (specific for r/o hernia, abdominal wall, or appendix studies)	30 minutes	None
LIVER PANCREAS, GALLBLADDER, OR SPLEEN ONLY	30 minutes	Nothing to eat or drink for 8 hours prior to exam.
RENAL (includes kidneys and bladder) Please specify if a post void residual is needed also.	30 minutes	Patient does NOT need to be NPO. However, they must have a full bladder. Must drink 20 oz. of water 1 hour prior to exam and not void.
BLADDER ONLY Usually done for a post void residual.	30 minutes	Patient does NOT need to be NPO. However, they must have a full bladder. Must drink 36 oz. of water 1 hour prior to exam and not void.
PELVIC WITH TRANSVAGINAL (entails two parts – transabdominal and transvaginal and includes the uterus, cervix, endometrium and ovaries)	30 minutes	Bladder MUST be full. Finish drinking 36 oz. of water 1 hour before exam and do not void.
OB < 14 WEEKS (1st TRIMESTER)	30 minutes	Bladder MUST be full. Finish drinking 36 oz of water 1 hour before exam and do not void.
OB > 14 WEEKS (2nd AND 3rd TRIMESTER)	45 minutes	Finish drinking 20 oz. of water 1 hour prior to exam and not void.
THYROID, PARATHYROID, TESTICULAR, BREAST, SOFT TISSUE, EXTREMITY	30 minutes	None